中华人民共和国国家旅游局

China National Tourism Administration Overseas Offices

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Tel: +44-20-7373-0888 Fax: +44-20-7370-9989

Web: www.cnto.org.uk E-mail: london@cnta.gov.cn

Office National du Tourisme de Chine, Paris

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Web: www.otchine.com E-mail: paris@cnta.gov.cn

Fremdenverkehrsamt der VR China in Frankfurt

Web: www.china-tourism.de E-mail: info@china-tourism.de

Oficina Nacional de Turismo de China en Madrid

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71, Warwick Road, London, SW5 9HB, UK

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China National Tourist Office, Moscow

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B1, 20/F, Far East Finance Center, 16 Harcourt Road, Hong Kong

Association for Tourism Exchange Across

13F. 76 Second Section of Dunhua South Road, Da'an District.

Tel: +886-2-2707-2188 Fax: +886-2-2707-2180

Association for Tourism Exchange Across

Room C, 10F, Chung Cheng Building, No.2, Chung Cheng 3rd

Tel: +886-7-238-5866 Fax: +886-7-238-5299

wonderful mountains is a national geological park.

Mount Wangwu in Jiyuan City is the place where the

fable "The foolish old man moves the mountains"

the Taiwan Straits, Kaohsiung Sub-office

Asia Tourism Exchange Center Limited

Tel: +852-2863-0000 Fax: +852-2861-1371

the Taiwan Straits, Taipei Office

Ufficio Nazionale del Turismo Cinese, Roma

China National Tourism Administration Tokyo Office = 105-0001 Air China Building 8F, 2-5-2 Toranomon, Minato Ku, Tokyo, Japan

Tel: +81-3-3591-8686 Fax: +81-3-3591-6886 China National Tourism Administration Osaka Office - 556-0017 OCAT Building 4F, Minatomachi, Naniwa-ku, Osak

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Tel: +81-6-6635-3280 Fax: +81-6-6635-3281

E-mail: singapore@cnta.gov.cn China National Tourist Office, Kathmandu E-mail: nepal @cnta.gov.c

Tel: +65-6337-2220 Fax: +65-6338-0777

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Web: www.cntovideo.org E-mail: la@cnto.org

China National Tourist Office, Toronto

480 University Ave., Suite 806, Toronto, Ontario M5G1V2, Can Tel: +1-416-599-6636 Fax: +1-416-599-6382 Web: www.tourismchina.org www.tourismchina-ca.com E-mail: cnto@tourismchina-ca.com China National Tourism Administration www.travelchina.gov.cn

necommended Tourist Itineraries A Tour of Scenic Spots and Historic Sites

Route: Gongyi - Luoyang - Mianchi - Sanmenxia Sight: Visit imperial mausoleums of the Northern Song took place. Xinvang is the location of the beautiful Dynasty and the Kang Bai-Wan's Mansions in Gongyi City, the Longmen Grottoes and the White Horse Temple in Luoyang City, and the famous Yangshao cultural relics and the Alignment Terrace of the Qin and Zhao Kingdoms in Mianchi County.

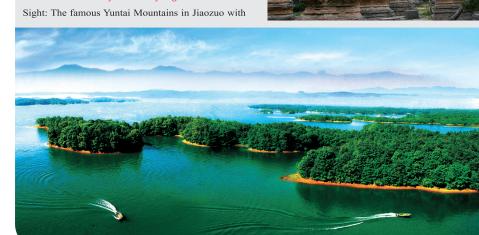
## A Tour of Ancient Capitals and Cities

Route: Kaifeng - Shangqiu - Zhoukou Sight: Kaifeng, known as "the capital of seven dynasties", was the Eastern capital of the Northern Song Dynasty. Located here are the Baogong Memorial Hall, Daxiangguo Temple, Dragon Pavilion, Iron Tower and other scenic spots. Shangqiu was the auxiliary capital of the Northern Song Dynasty. In Zhoukou City, the Guandi Temple, Nvwa City, Taihao Tomb and other relics can be found.

## A Tour of Landscape

河南旅遊圖-英文.indd 1

Route: Jiaozuo - Jiyuan - Xinyang



## l enan Overvieu

located in the middle and lower reaches of North China Plain located in the east. the Yellow River. It was named Henan Yellow River. Henan is the birthplace of the Chinese civilization and the Chinese nation, sky is high and the weather fine in autumn,

as well as a historical Chinese cultural center. the two best seasons for traveling. The province has complex topography with a terrain that descends from west to been China's political, economic, cultural east. The Taihang Mountains are located in and transportation center for 5,000 years. the north, while branches of the Qinling The province is also the home of Luoyang, Mountains are in the west. The Dabie Kaifeng, Anyang, Zhengzhou and other Mountains and Tongbai Mountains are in the world-famous ancient Chinese capitals. south. The Yellow River flows through the

167,000 square kilometers.

istorical Site

Mianchi Yangshao Village Site

in the Yellow River basin which includes

four ancient culture sites: the mid Yangshao

culture, the late Yangshao culture, the early

Longshan culture and the late Longshan

**Xinzheng** Ancestor Mountain

The Ancestor Mountain is host to many

Huangdi cultural sites throughout its

mountains and hills, including sites such as

the Huangdi Worshiping Boy Huagai

Ancestral Hall, the Xuanyuan Pavilion, the

Fenghou Ancestral Hall, the Leizu Temple,

the Huangdi Great Ancestral Hall, the Black

**Neixiang** Local Magistrate's

China's best-preserved feudal county-level

government office as well as the first feudal

ransportation

In Henan Province, there are five major

By Air

regional routes.

By Train

Neixiang Local Magistrate's Office is

Dragon Pool and the White Dragon Pool.

Yangshao Village Site is a Neolithic site



there are numerous splendid peaks and valleys. Unique topography, landforms and rare animal and plant resources create the most exotic natural scenery found at the Taihang Grand Canyon.

> The Red Flag Canal is a hydro project dug out of the cliffs in the Taihang Mountains, and known as the "Artificial Milky Way". It is over 1,500 km long, known as the "Eighth Wonder of the World".

Outh Taihang Mountains

## **Qinyang** Shennong Mountain

Shennong Mountain is a famous cultural





and a pool every ten steps. Spring, Buddha Ears Gorge, and Yueshan Temple. It enjoys a reputation of "Northern Three Gorges". Zhuyu Peak — Website: www.qingtianhe.cn Zhuyu Peak, commonly known as Small





The Qingtian River has magical green

nountains with gorgeous scenery along it. In

the scenic area, there are seven excursion

areas including Big Spring Lake, Sangu

# Quanbao Gorge, about 3 km long, is solemn and magnificent, with towering peaks on

1,000 years old.

# outh Taihang Mountains

Along the Yuntai Mountain there are 36 both sides. At its deepest point, the Yuntai Sky peaks, more than 20 natural karst caves, and Waterfall falls to a depth of 314 meters. innumerable springs, pools, streams and Hongshi Gorge waterfalls. It is said that there is a spring

## Website: www.yuntaishan.net

at its entrance. The yew is estimated to be

Quanbao Gorge —

every three steps, a waterfall every five steps

gallery of nature", is home to springs, waterfalls, streams, pools, ravines and other spectacles, and emanates a mighty, precipitous, rare and secluded beauty. The valley is cool and pleasant in summer, while North Peak, is the location of the Temple of mosses, flowers and grass keep it green Mysterious Heavenly Upper Emperor, the during winter. Sky Bridge, the Cloud Ladder and other attractions. In the middle of the peak is the King of Medicine Cave with an ancient yew

Hongshi Gorge, hailed as a "boutique



forests, as well as many wild animals and plants.

**Song County** Baiyun Mountain

primitive forest hinterland in Mount Funiu. In

the forest park, there are 2,000 acres of virgin

forest, including the Tang Dynasty ginkgo forest,

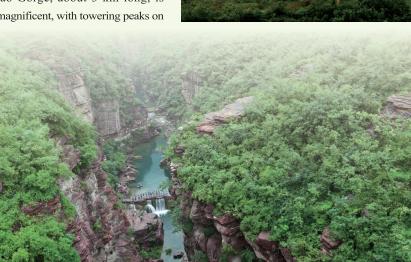
Wild Peony Garden, Red Birch Forest, Bai River

Grand Canyon and other attractions.

Website: www.chinabym.com

Baiyun Mountain National Forest Park is a

Website: www.baotianman.cn

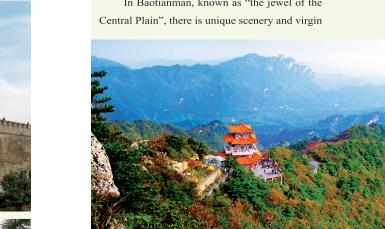


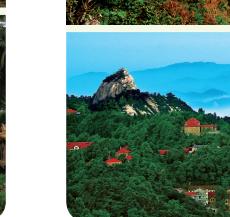
## Tamous Mountair

## Xinyang Jigong Mountair

The Jigong Mountain is hailed as the "World Architecture Museum". It looks like a rooster raising its head and spreading its wings. In the scenic area, there are many towers. platforms, and pavilions in different styles, and clouds, and rime can be seen.

Website: www.jgscn.com.cn

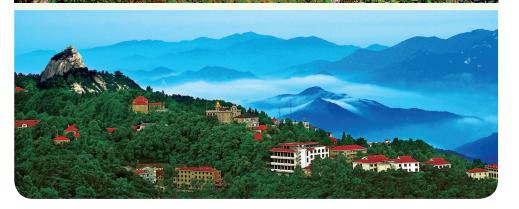




# natural wonders such as broken spectre, sea of

**Neixiang** Baotianman In Baotianman, known as "the jewel of the





name but a few. popular street snacks in Henan.

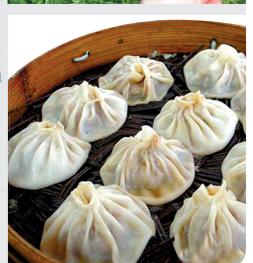
Shopping





Xinyang Maojian Tea: Xinyang Maojian tea is one of China's top ten teas. Famous Henan dishes include Xiao's With dark green leaves and a strong stem, it provides a high quality tea leaf. After careful preparation, the finished tea is pure and clear





Kaifeng, known as "the Capital of the Shetaijun Temple, Yang family weapons Seven Dynasties", is the only capital city in and many other artifacts. the world whose central axis has never been changed. The City-above-City Site is unique Baogong Memorial Hall in world histories of archeology and capitals. Website: www.kfta.cn

## **Kaifeng Prefecture Office**

Kaifeng Prefecture Office used to be the an enclosed three-section courtyard with capital of the Northern Song Dynasty. The white walls and grey tiles. Surrounded by current buildings, built according to the water, it is solemn and serene. architectural style of that dynasty, are magnificent and majestic with 9 exhibition areas including Prefecture Government Culture and Prison Culture.

## Tianbo Yang Mansion ——



Located by the Baogong Lake, Kaifeng

Baogong Memorial Hall was built to

commemorate the famous honest official Bao

Zheng. Kaifeng Baogong Memorial Hall is



In the Kang Bai-Wan's Mansions, there

are buildings, caves, bulwarks, and piers near

rivers. It is representative of the feudal

Huangdi's Hometown ——

fortress architecture of the Loess Plateau.

Zhengzhou is one of the eight ancient Kang Bai-Wan's Mansions

capitals of China, a major birthplace of

Chinese civilization and the Chinese nation,

as well as the capital of the Youxiong State

led by Huangdi, the first ancestor of the

Chinese. The Xia Dynasty, the Shang

Dynasty, Guan State, Zheng State, and Han

Henan Museum has magnificent

appearance and a rich collection of cultural

relics in its exhibition halls. Characteristic

collection pieces include prehistoric artifacts,

Shang and Zhou bronzes, ancient ceramics

Luoyang, Xi'an, Nanjing and Beijing

are ranked as the four great ancient capitals

of China. In Luoyang, the Longmen

Grottoes, White Horse Temple and other

historical sites are located, and peonies here

The White Horse Temple, built during

the Eastern Han Dynasty, is known as

"China's Number One Ancient Temple". I

faces the south and has a rectangular

Legend has it that Guanlin is the place

where the famous general Guan Yu from the

Three Kingdoms period was buried. It is the

only ancient architectural complex that

includes a mound, a temple and a forest.

There is an ancestral temple in front of

Guanlin and a burial mound at the back with

luxuriant cypresses, magnificent temple

The Luoyang peony is world-famous

The Peony Park covers a planting area of

over 100 acres, including a Peony Viewing

Garden that is divided into South and North

parks, with hundreds of domestic and foreign

varieties of peonies and hundreds o

thousands of peonies in total.

rooms, grand tombs and giant steles.

**Peony Park** 

Website: www.lyta.com.cn

**White Horse Temple** 

are world famous.

courtyard.

State also had their capitals here.

Henan Museum =

and jade artifacts.

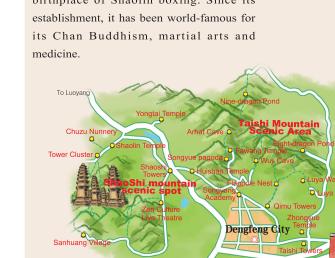
website: info.zhengzhouta.gov.cn

Mount Song consists of the Taishi Mountain and the Shaoshi Mountain. At Taishi Mountain, the main peak, Junji Peak, is 1,491.7 meters high, while the highest peak at Shaoshi Mountain is the Liantian Peak which is 1,512 meters high. Mount Song is a cultural mountain that hosts the famous Shaolin Temple, Zhongyue Temple

Website: www.songshan.gov.cn

## Located in Beiguan, Xinzheng, and other historical sites. Huangdi's hometown is a sacred place for

Chinese people at home and abroad to seek their roots and worship their ancestors. Shaolin Temple — During the Han Dynasty, Huangdi's Shaolin Temple, praised as "the first Hometown Ancestral Hall was built in front famous temple in the world", is the ancestral of Xuanyuan Hill. A sitting statue of Huangdi place of Chinese Chan Buddhism and the is enshrined within the hall. birthplace of Shaolin boxing. Since its



The Longmen Grottoes, built during the reign of Emperor Xiaowen of the Northern Wei Dynasty, is one of China's four great grottoes. Up to 1 kilometer in length from north to south, there are still more than 2,100 caves and niches, over 100,000 sculptures. and over 3,600 inscriptions within the

## Website: www.lmsk.cn

height of 17.14 meters.

Vairocana Buddha —— The Longmen Grottoes' Vairocana Buddha is of the highest artistic level and is the largest of its kind. Empress Wu Zetian was the model for its design. Built on an open-air precipice, it is immense with the

## canopy at the center carved with multipedaled lotus flowers and surrounded by 8

Middle Binyang Cave ———

Middle Bingyang Cave was built by

Emperor Xuanwu of the Northern Wei

Dynasty for his father Emperor Xiaowen.

Within the grotto, there is a horseshoe-shaped

plane, a dome roof, and a lotus ceremonial

musical apsarases and 2 attending apsarases. **Cave of Ten Thousand Buddhas** The Cave of Ten Thousand Buddhas got its name from the 15,000 neatly arranged small Buddha sculptures carved inside the outh and north sides of the cave. The cave is

built with a front and back chamber structure

and has the most complete sculpture

**Shaolin Temple Pagoda Forest** 

The Pagoda Forest has been the

emetery for eminent Shaolin Temple monks

throughout the ages. It boasts the most

pagodas in China, and includes over 232

ancient pagodas that date from the Tang

Sanhuang Village ———

landscapes, is like a natural village hanging

on a hillside, hailed as a "natural geological

museum". The village is world-renowned for

its odd peaks, precipitous roads, strange

**Map of Mount Song** 

rocks and gorgeous scenery.

Sanhuang Village, boasting unique

# arrangement in the Longmen Grottoes.

## Qingming Riverside Park is a large

of the Song Dynasty, based on the famous painting "Riverside Scene at Qingming Festival", painted by the Song Dynasty's Zhang Zeduan. The park reproduces the 1,000 years of wonderful scenery from the world-famous ancient capital Bianjing.

## Fuyun Pavilion ———

Fuyun Pavilion, 31.99 meters high, is the tallest building in the park. Containing four visible and three hidden rooms, it is a place for storing important court documents, traditional Chinese paintings and books. Grand and dignified, it is the best place in the area to cucumber and so on. access to grand views of the surroundings.



look like gate towers from afar and imperial palaces up close. Within them there are colored drawings. Fantastic royal shadow plays and chime bell dances are performed in these two halls. Website: www.qingmings.com **Dongjing Delicacy Street** 

On Dongjing Delicacy Street, one can enjoy specialties of the ancient capital Kaifeng: steamed small meat dumplings in a basket, bucket chicken, First Building steamed buns, Huang's steamed buns, spiced sheep's hoof, diced chicken with pickled



## Henan Province, "Yu" for short, is province from east to west with the vast Henan has a typical temperate monsoon (literally "south of the river") because most climate with four distinct seasons, part of the province is located south of the characterized by simultaneous rain and heat. The weather is pleasant in spring, while the

**Linzhou** Red Flag Canal Henan enjoys a long history and has

Website: www.hnta.cn

government office museum in China. At

Neixiang Local Magistrate's Office, there are

extensive exhibits which reproduce authentic

old county-level government offices.

By Road

and Websites

IDD Code of China

civil aviation airports, namely, Zhengzhou transportation network composed of 9 national

Xinzheng International Airport, Luoyang expressways, such as the Beijing-Hong Kong-

Northern Suburbs Airport, Nanyang Jiangying Macao Expressway, the Lianyungang-Khorgas

Airport, Shangqiu Airport and Xinyang Expressway, the Jinan-Guangzhou Expressway,

Minggang Airport. Zhengzhou is one of the and the Daqing-Guangzhou Expressway, as

country's eight major aviation hubs and has well as over 20 regional and local expressways.

flights to 67 domestic and international cities There are also 9 national highways running

domestic routes and 6 international and Useful Telephone Numbers

Police

and regions via 90 routes, including 84 through the province.

Henan Province's railway system has the Fire

most passenger and freight railway mileage in Ambulance

the country, with lines including the Beijing- Traffic Accident

Guangzhou Railway, the Beijing-Kowloon Weather Forecast

Lanzhou Railway and the Nanjing-Xi'an Railway Ticket

passenger and freight marshalling yard, and

Zhengzhou East Railway Station is the largest

railway transfer station in China.

Railway, the Jiaozuo-Zhicheng Railway, the Telephone Number Enquiry

Jiaozuo-Xinxiang Railway, the Lianyungang- Henan Tourism Complaints

Railway. The Zhengzhou railway hub is the Zhengzhou Xinzheng Airport

busiest transportation hub in China. Zhengzhou Zhengzhou Xinzheng Airport

Henan has a developed highway

110

371-65506775

Henan Province comprises 17 prefecture

mountain in the Confucian, Taoist and Buddhist traditions, and the place where Lao Zi, the founder of Taoism, was enlightened and became immortal. The mountain is known as "the center of Taoism and holy land of Buddhism".

Along the South Taihang Mountains, Boai Qingtian River

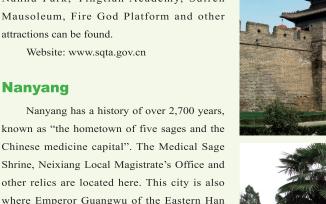
# Ancient Town

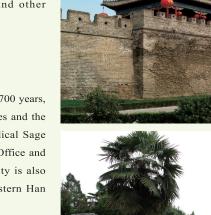
## **Anyang** Yinxu

Yinxu is the site of the capital of the late Shang Dynasty, the first confirmed capital in Chinese history. It is made up there sites, namely a mausoleum, a palace and ancestral temple, and the Huanbei Shang City. The famous Simuwi Cauldron was also unearthed here. Website: www.ayyx.com

**Suiyang** Shangqiu Ancient Town The Shangqiu Ancient Town was the Guide Prefecture City during the Ming and Qing dynasties. The ancient city is spherical outside and the inside, like the ancient Chinese coins, boasting unique architecture. Within the city, Nanhu Park, Yingtian Academy, Suiren

Nanyang has a history of over 2,700 years known as "the hometown of five sages and the Chinese medicine capital". The Medical Sage Shrine, Neixiang Local Magistrate's Office and other relics are located here. This city is also where Emperor Guangwu of the Eastern Han Dynasty rose to power. Website: www.hnnvta.com











## Accommodations

Name	Star-rate	Add	Tel
Ramada Plaza Zhengzhou	5	No.11 Wei 3rd Rd., Zhengzhou	371-69170666
Dahe Jinjiang Hotel	4	No.66 Huayuan Rd., Zhengzhou	371-65929999
Tianhe Grand Hotel	3	No.110 Erqi Rd., Zhengzhou	371-66228503
Zhongzhou International Hotel	5	No.57 Daliang Rd., Kaifeng	378-22218888
Kaifeng Hotel	3	No.66 Mid section of Ziyou Rd., Kaifeng	371-25955589
Huayang Plaza International Hotel	4	No.88 Kaixuan W. Rd., Luoyang	379-65588123
Luoyang Grand Hotel	4	No.1 Zhoushan Rd., Luoyang	379-64363888
Rose Garden Hotel	4	No.636 Guoyuan Rd., Jiaozuo	391-2618888
The Red Flag Canal Hotel	5	Mid. Section of 1st Main canal Sightseeing Ave, Linzhou	372-6286666
Huagiang Jianguo Hotel	5	No 466 Xiange Ave. Anyang	372-3339999

Chinese International Travel Agency in Henan Province	Add  16th floor, West Section of Yubo Building, No.1 Agricultural Rd., Zhengzhou	Tel 371-6585
China Travel Service in Henan Province	19 <sup>th</sup> floor, Lujing Building, No.14 Business Waihuan Rd., Zhengzhou	371-6558
Henan Comfort International Travel Agency	5 <sup>th</sup> floor, Huayi Building, No.94 Chengdong Rd., Zhengzhou	371-6826
Henan Tourism Group	7th floor, Haitian Hotel, No.288 Chengdong Rd., Zhengzhou	371-6593
Henan Zhongzhou International Travel Service	No.115 Jinshui Rd., Zhengzhou	371-6592



# ccommodations & Travel Services

	Star-rate	Add	Tel
a Zhengzhou	5	No.11 Wei 3rd Rd., Zhengzhou	371-69170666
; Hotel	4	No.66 Huayuan Rd., Zhengzhou	371-65929999
Hotel	3	No.110 Erqi Rd., Zhengzhou	371-66228503
nternational Hotel	5	No.57 Daliang Rd., Kaifeng	378-22218888
1	3	No.66 Mid section of Ziyou Rd., Kaifeng	371-25955589
za International Hotel	4	No.88 Kaixuan W. Rd., Luoyang	379-65588123
nd Hotel	4	No.1 Zhoushan Rd., Luoyang	379-64363888
Hotel	4	No.636 Guoyuan Rd., Jiaozuo	391-2618888

Name	Add	Tel
Chinese International Travel Agency in Henan Province	16 <sup>th</sup> floor, West Section of Yubo Building, No.1 Agricultural Rd., Zhengzhou	371-65852339
China Travel Service in Henan Province	19th floor, Lujing Building, No.14 Business Waihuan Rd., Zhengzhou	371-65582620
Henan Comfort International Travel Agency	$5^{\rm th}$ floor, Huayi  Building, No.94 Chengdong  Rd., Zhengzhou	371-68263665
Henan Tourism Group	7 <sup>th</sup> floor, Haitian Hotel, No.288 Chengdong Rd., Zhengzhou	371-65938668
Henan Zhongzhou International Travel Service	No.115 Jinshui Rd., Zhengzhou	371-65926805

# Ining and Shopping

## Dining

ree Delicacies braised noodles, Kaifeng soup implings, Mayuxing bucket chicken, Ge's ised cake, Luoyang no-turn soup, Luoyang up banquet, soup with pepper, carp jumping ver dragon gate, Four Treasures Set, braised sh, steamed small meat dumplings in a basket, teamed cake with mutton and fried jelly, to

Henan Braised Noodles: Henan braised noodles, a characteristic local delicacy, is a traditional snack with meat, regetables, soup, greens and rice. Aromatic and fresh, the soup is delicious and the noodles are tender, making it the most

Lingbao jujube, Fengqiu pomegranate, Yellow River carp, the four major herbal medicines of Northern Her

# and has a lasting fragrance and taste.



Tianbo Yang Mansion is the residence of the famous general Yang Ye of the Northern Song Dynasty. The mansion holds



## **Xuande Hall and Xuanhe Hall** amusement park themed on the folk customs These two halls were built in the same

style and have been integrated into one. They

