Itone Forest

Dadieshui Waterfall =

Changhu Lake (Long Lake)

The Long Lake is hidden in the deep

mountains and jungles of Kunming. It takes

on the shape of a spring silkworm, or a

crescent moon, home to the legendary Ashima

of the Yi ethnic group. The sights on the Long

Lake are mysterious and unpredictable,

sometimes enjoying mild sunlight and blurry

distant fog, sometimes like a quite jungle with

melodious music from the zither and bamboo

flute. Very fascinating.

The water of the Dadieshui Waterfall

wilderness and can be heard several miles away. is a holy site.

Yuehu Village

comes from the Nanpan River's tributary, the people of the Yi ethnic group. This village

Bajiang River, and falls from a height of 88 still retains primitive sacrificial rituals,

meters. During the flooding season, the water adding to the mysterious atmosphere

crashes with magnificent power, generating a accentuated by its one hundred 100 year old

loud sound that shocks the mountains of the rooster-shaped trees. The south of the village

Yuehu Village is home to the Sani

The three-tiger relief wall and the tiger-

shaped mountain of the Yi Ethnic Group

Village reflect the cultural characteristics of

the Yi people. On every Torch Festival, Yi

people, old and young, men and women, all

wear festive attires, and dance and sing to

their heart's content, creating a very lively

Miao Ethnic Village ———

The most distinctive collections in

Yunnan Provincial Museum are the bronze

wares of Yunnan culture, Buddhist relics

from the Kingdoms of Nanzhao and Dali as

well as some of the cultural relics of ethnic

groups from modern history.

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Kunming has an agreeable weather all year round,

with mild winters and summers. Because of abundant

sunshine and scarce rainfall, flowers bloom for all

four seasons here, making it a renowned tourist city.

Route: Jiuxiang Caves - Jiaozi Snow Mountain

Sight: Kunming, located in Yunnan Province, whose

name means "Cloud South," or the "Southern Region

of the Iridescent Cloud", is a breathtaking place with

varied and beautiful landscapes and sceneries,

Dongchuan Red Land – Yangzong Lake

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necommended Tourist Itineraries

Stone Forest Route: Naigu Stone Forest - Dadieshui Waterfall -Changhu Lake Sight: Known as the "the most amazing wonder of

the world," the Stone Forest is the world's largest Highlands Scenery peaked karst landform. White pinnacles touching the blue sky, a fantastic sea of stones, and the twists and turns of peak forest trails create marvelous spectacles everywhere.

Spring City Kunming

Route: Green Lake - Golden Horse and Jade multicolored caves, snow mountains, red colored Rooster Archways - Golden Temple - Expo Park land and blue colored highland lakes, all full of - Grand View Pavilion - West Mountains - intoxicating charms.

Sight: Famous as a "spring city" at home and abroad,





unming Overview

Famous at home and abroad as a "spring Snow Mountain, among many other beautiful city", Kunming has agreeable weather all sights. year around, with mild winters and summers, abundant sunshine and scarce rainfall.

In Kunming, it is like spring all year flair. The whole Green Lake embodies the round. The climate here is a typical essence of Kunming City. Many attracsubtropical highland climate, with sufficient tions are clustered along the lake, including sunshine and distinctive wet and dry seasons. the Yunnan Military Academy, the Luhan There is a big temperature difference Mansion, Yunnan University, etc. between day and night. Winter and spring are dry with low temperatures. Summer and highly developed unique culture. Among the autumn seasons are rainy with moderate many ethnic festivals, notable ones include

The city has amazing natural sceneries "Third Month Street Fair" of the Bai people, including the world's largest karst landforms, the "Water-Splashing Festival" of the Dai the Stone Forest Scenic Area, the mysterious people and "Knife Ladder Climbing Festival" highland Yangzong Lake and Dianchi Lake, of the Lisu people. as well as the Jiuxiang Caves, and Jiaozi

Area & Population

pring City Kunmin

Lying right at the center of Kunming

forming a great spectacle in the Spring City. the city.

ccommodations & Travel Services

5 No.157 Beijing Rd., Panlong District, Kunming 871-63562828

5 No.1 Yingbin Rd., Guandu District, Kunming 871-67388888

No.39 Round Ring S. Rd., Guandu District,

No.424-426 Minhang Rd., Guandu District,

No.1118 Round Ring S. Rd., Kunming

No.239 Beijing Rd., Kunming

No.133 Tuodong Rd., Kunming

No.96 Dongfeng E. Rd., Kunming

871-64153555

871-63514788

871-63333318

871-63123281

No.409 Renmin E. Rd., Guandu District,

4 No.1316 Dianchi Rd., Xishan District, Kunming 871-64334666

No.20 Honghuaqiao, Wuhua District, Kunming 871-65386688

No.253 Xuefu Rd., Wuhua District, Kunming 871-65526868

No.1 Dongfeng W. Rd., Wuhua District, Kunming 871-63624999

Standing near the beautiful Green Lake,

the Yunnan Military Academy is famous in

modern history, and has nurtured many

famous military strategists. It is equally

famous as the Whampoa Military Academy

and the Baoding Military Academy.

Accommodations

Kai Wah Plaza Hotel,

Grand Park, Kunming

Kunming

Wenhui Hotel

Kunming Tai Li

Bajun Hotel

Kunming

International Hotel

Purple Rose Hotel in

Travel Services

China Travel Service

Kunming China International Travel Service

Yunnan International Travel Service

Yunnan Overseas Travel Service

Empark Hotel & Resorts,

Kunming New Era Hotel

Dianchi Lake Hot Spring

Yunnan Military Academy

City, the Green Lake is seen with green

Green Lake



ripples and willow trees on its banks. When Standing in the downtown area with shops one

night falls, the music of reed pipes and next to another, the Golden Horse and Jade

bamboo flutes playing makes it even more Rooster Archways with carved beams and

enchanting. Every winter, countless black-painted rafters are exquisite beyond comparison

headed gulls migrate here for hibernation. and rich with the essence of Kunming's folk

They play on the water and compete for prey, customs, reflecting the ancient civilizations of

Kunming is a multi-ethnic city with a

the "Torch Festival" of the Yi people, the

Website: www.kmta.gov.cn

Golden Horse and Jade

Rooster Archways ———

They are true symbols of Kunming.

City, Shilin Yi Autonomous County is the most amazing wonder of the world." The home of the legendary Ashima. Attractions scenic area is divided into small and big Kunming is also famous for its splendid here include the Stone Forest, the Naigu stone forests. There is an eye-catching stone history and culture and glamorous literary Stone Forest, Dadieshui Waterfall, Changhu pinnacle towering near the lake with a Lake, Yuehu Lake, etc. The Yi people have pinkish red color at the top, just like a been living here for generations and have beautiful and graceful girl of the Sani ethnic created a unique ethnic culture.

Stone Forest Scenic Area

Itone Forest

The Stone Forest Scenic Area has the



Situated in the southeast of Kunming world's largest karst landform, known as "the

group. It is called "Ashima" by the locals.

Website: www.chinastoneforest.com

pring City Kunmir

Golden Temple

Located in the east suburb of Kunming and surrounded by green mountains and clear water, the Golden Temple is known for its beautiful landscape. This is the place you can find the magnificent palace and the age-old romance of the Qing military commander Wu Sangui and his lover Chen Yuanyuan. The most appealing scene here is Wu Sangui's broadsword, which amazes every 1,000 years of history. The Vajra Pagoda, built





terminals in the east, west, south, north, and

The East Bus Passenger Terminal

dispatches buses towards the east of Yunnan

Province, Guangdong and Guangxi. The

South Bus Passenger Terminal operates those

leaving for the south of Yunnan and Vietnam.

The West Bus Passenger Terminal is

responsible for buses going towards the west

of Yunnan. The North Bus Passenger

Terminal is responsible for buses towards

Shanghai-Kunming, Chongqing-Kunming,

Hangzhou-Ruili highways, and the northeast

Terminal takes charge of buses towards the

northwest parts of Kunming.

the Kunming World Horticulture Exposition,

with five halls: the China Hall, the

International Hall, the Man and Nature Hall,

the Science and Technology Hall, and the

Grand Greenhouse. It is of tremendous scale

Guandu Ancient Town ——

in 1457 AD, is the oldest existent Vajra

throne-styled stone pagoda in China. Fried

rice-flour cake, rice noodles, and peas are

called "Three Treasures of Guandu".

Guandu Ancient Town has more than

and magnificent resplendence.



ransportation

By Air

Kunming Changshui International Airport is connected with many domestic and international air lines, including a considerable number of flights going to Beijing and Shanghai, as well as nonstop flights to Lijiang, Dali, Zhongdian, Xishuangbanna, Zhaotong, Simao, Mangshi, Baoshan and other places within Yunnan Province.

By Road

By Train Kunming is a transportation hub in of Yunnan. The Northwest Bus Passenger southwest China with 12 main and secondary railways, including the Shanghai-Kunming Railway, Chengdu-Kunming Railway, the Nanning-Kunming Railway, Neijiang-Kunming Railway, Kunming-Lijiang Railway, Kunming-Hanoi Railway, etc.

Kunming Station accommodates more than 90 trains to Beijing, Chengdu, Shanghai, Chongqing, Xiamen, Zhengzhou, Nanning, Nanchang, Xi'an, Guangzhou, Wuhan, Guiyang, Changsha, Hangzhou and so on.

Kunming has five major bus passenger

 Useful Telephone Numbers and Websites 12315 95105105 Railway Ticket Kunming Changshui Airport 871-96566 Kunming Changshui Airport

Tlower City Kunmin Dounan Flower Market ——

The flowers that grow in Dounan, the "Chinese township of flowers," always have thicker stems, broader pedals and brighter Market best represents the urban life of colors than those of any other place. At the Kunming. This street is filled with all kinds Dounan Flower Market you can buy a rich of flowers, birds, fish, insects, antiques, variety of flowers like forget-me-nots, jewelry, and arts and crafts. Next to the street Stapelia grandiflora, baby's breath, cattleya, are the old houses of Kunming, immersed in Gerbera flowers, allowing you to continue melodious birdsongs.

Shangyi Street Flower Market

your pleasant journey carrying a bouquet.

This Shangyi Street Flower Market is well known in Kunming and sells a full range of processed products from flowers, to sachets, fragrant bags, and all kinds of dried flower handicrafts. The market provides a dazzling array of beautiful exhibits, a feast to

Guandu Baba, and

rice noodles with

Yunnan Crossing the Bridge Noodles is a

signature dish of Kunming. A bowl of rice

noodles and a large bowl of chicken soup

served with some sliced meat, cucumbers,

greens, tofu skin, egg, pickles, all making the



Jingxin Street Flower and

Bird Market ————

The Jingxing Street Flower and Bird

Noodles, which are popular all over the creamy and smooth. country, the steam pot chicken (Qiguo Ji) and Steaming-Pot Chicken (Qiguo Ji) the braised jizong (mushroom) in soy sauce (Hongshao Jizong) are also representative The steaming-pot chicken is a typical

traditional dishes. Other famous snacks include traditional Yunnan dish. The dish retains its fried rice-flour cake, mixed original broth and fresh flavor because the rice-flour noodles, cooking broth is condensed from the steam. The chicken meat's texture is tender and fresh, the color golden. The broth is sweet meat, all providing a and mellow, extremely delicious. strong local flavor and

Besides Kunming's Crossing the Bridge soup base fresh and delicious, and the noodles

Fried Rice-Flour Cake Yunnan Crossing the Bridge Noodles

The Fried Rice-Flour Cake is a Yunnan local snack. First, the cooked rice is pressed nto round thin pancakes and baked over charcoal before being covered with sauce. It is regarded as the most popular snack in the



The Grand View Pavilion sits beside the Dianchi Lake and faces the West Mountains, overlooking the lakes and mountains, a grand sight true to its reputation of the famous ancient architecture in China. The Grand View Pavilion was built near the water with plaques and couplets. The most famous item here would be the "longest couplets of all time." 180 characters written by Sun Ranweng, a famous scholar of the Qing

Dianchi Lake

cultural cradle

in Yunnan Province. Attractions include

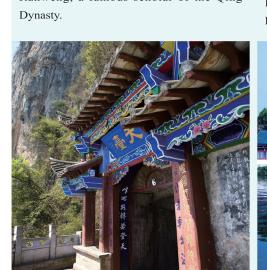
many of the neighboring parks and places of

historic interest. Here you can not only

explore the Stone Age ruins around the lake

but also trace the mysteries of Yunnan's

Grand View Pavilion —



Dianchi Lake is the largest plateau lake **Haigeng Park** =

east bank of Dianchi Lake showcases Haigeng Park is the best place for taking Yunnan's folk-customs. Ethnic groups living a closer look at Dianchi Lake. The park is here include the Yi, Dai, Jingpo, Wa, Hani, long and narrow, quiet and peaceful. The tall and Naxi, each with their own villages. The eucalyptus trees along the lake side, the Village also offers singing and dancing beautiful reflection of West Mountains, the performances and other shows. It is the strolling tourists and the children playing epitome of Yunnan ethnic cultures. with seagulls all make up the most beautiful

The West Mountains are known to all in Kunming with its fresh air, enchanting landscape and distant legends. The mountains are covered with partly hidden forests concealing local attractions including the Huating Temple, the Taihua Temple, the Sanqing Pavilion, the Dragon Gate, the Nie Er Tomb and in particular, the most attractive Dragon Gate.



This Bai Nationality Village is mainly characterized by overhang eaves and brackets, richly ornamented dwellings of the Bai ethnic tradition. The entire village is arranged in rows, neat and spacious. There is the Folk Custom Museum and the Butterfly Exhibition Hall along the street. The famous Three-Course Tea demonstrates the hospitality of the Bai people.



$oldsymbol{O}$ ther Attractions

Yunnan Provincial Museum

The most distinctive collections in

Yunnan Provincial Museum are the bronze

wares of Yunnan culture, Buddhist relics of

the periods of Kingdom of Nanzhao and

Kingdom of Dali as well as some of the

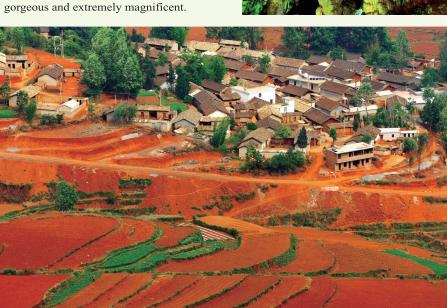
cultural relics of ethnic groups in modern

Bai Ethnic Village

over a hundred karst caves of various sizes, Mountain is 4,247 meters above sea level. It plentiful in varieties and styles and in gets its name from the sedan chair shape of exceedingly strange shapes and forms. The the mountain. Jiaozi Snow Mountain towers Jiuxiang caves are one of the largest-scale into the sky with an obvious stereoscopic and numerous cave groups in China and climate. Scenic spots include the ten are therefore called the Home of Karst thousand mu of sea of azaleas, the High

Dongchuan Red Land

Dongchuan Red Land is comparable to the red land outside of Rio de Janeiro in Brazil. Every year from September to December, the red land appears in different colors. Seen from afar, the colors are



Jiuxiang Karst Caves — Jiaozi Snow Mountain —

Jiuxiang karst caves are composed of The highest peak of Jiaozi Snow Mountain Pool, the Rainbow Waterfall, the

Jiaozi Buddha and other attractions.

Colorful Yunnan

Colorful Yunnan is reputed as the most magnificent tourist destination in Asia. The silverwork, jade wares, local specialties, and



traditional Chinese medicine are the epitome

of Yunnan's magical landscape and ethnic

cultures. In addition, it also has a rippling

Wishing Well and the mysterious Sun Plaza

Chuangku Arts District —

compared by many to the 798 Art Zone in

Chuangku Arts District in Kunming is





The saying that "the Spring City is filled history and is known for its exquisite with the fragrance of flowers" refers to workmanship and includes stereo and planar Kunming's Flower Cakes, which can be ivory carvings. The most notable feature of found everywhere in Kunming, especially at these carvings is the lettering and image Jiahua Bakery. Xuanwei Ham, also known as grouping. With their vivid and lively images, "Yunnan Ham" is known far and wide for its delicate carving techniques, and elaborate tender meat. Yunnan Baiyao is famous and designs, these are really hard-won rare worth visiting. Nanping Street, Sanshi Street collection items. and Zhengyi Road

near Golden Horse and Jade Rooster Archways are among the most prosperous streets. Wal-Mart and Carrefour also carry Yunnan specialties.

Xuanwei Ham

Xuanwei Ham, also known as Yunnan Ham, is rated as one of the three "local specialty hams" in China and enjoys a good reputation at home and abroad. Yunnan Ham's succulent meat is red and white, has a unique flavor and aroma, and is conveniently stored long-term.

Kunming Ivory Carving

Kunming ivory carving has a long





Entertainment

Yunnan Reflections

Yunnan Reflections is China's first large original ecological set of songs and dances. The famous dancing artist Yang Liping serves as the art director, stage designer and leading star. Most of the performers are minorities from Yunnan villages. It is full of original flavor and taste.

Axi Dancing Under the Moon

Axi Dancing under the Moon is the traditional folk dance of the Yi people, and

Bouldering is a kind of rock climbing without the assistance of any ropes merely sport demonstrates an exaggerated, powerful

one of the folk dances of the Sani and Axi

people of the Yi ethnic group. The male

dancers play big three-string instruments and

flutes, while the women dance in

choreographed moves following the beats.



Anning Bouldering Activity

